



Stay protected:

Get a flu shot

Each year thousands of people get sick with the flu. You can get the flu from patients, coworkers, and other people you care for. It's important for front-line workers like you to keep yourself and others safe.

Take the time to talk to patients about flu shots.

People 65 and older can get 1 of these 3 preferred flu shots, if available:

- Fluzone High-Dose Quadrivalent
- Flublok Quadrivalent
- Fluad Quadrivalent

Getting a preferred flu shot may be a greater benefit than the standard dose. **Medicare Part B (Medical Insurance) covers one flu shot per flu season.**

To prevent the flu:

- Wash your hands often.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you're sick.
- Clean and disinfect surfaces you touch often.

When more people get the flu shot, more people are protected from the flu. Your health and the health of the people you serve is important.



Scan the QR code or visit [CDC.gov/flu](https://www.cdc.gov/flu) for more information on flu activity, resources, and vaccines.



Medicare